

NEW
OT 8

NEW OT VIII

STUDY AND PROCEDURE

DEBRIEF

1991

From recall this is a record of the full OT VIII procedure of the Church of Scientology given on the Free Winds ship as delivered in 1991. Security there is very tight with detectors at the doors so that no original data can be removed. This debrief is something the Independent Field/Free Zone Scientology has been waiting many years to see. It is not the original nor is it a perfect record but it is accurate and will get the result if followed by a competent solo auditor who is flat on all earlier levels with all overts off. The wording of the processes are exact to the best of my recall and the procedures are exact for sure. Any differences are extremely minor (if at all). I spent several weeks reconstructing all this from memory (needless to say I have an excellent memory as a result of the rundown). I am breaking security as I disagree that this should only be released to an elite in Scientology. I do, however, ask it not be released to psyches or “squirrels” or anyone who will break the Independent Security Network and allow it to get back to the Church of Scientology. It would be best if they do not find out that we have it. Please treat this data responsibly. It is the key to the only truth possible.

The whole secret involves what truly is the relationship of the Supreme Being to each individual thetan. To simply say it's “me” is oversimplified to tears but has some truth to it. The real key is the perception and ability to have full certainty and, therefore, perception on all confusions and distortions of MEST and form and life units as well as the ability to perceive exact identity and its full relationship to its true source and history from its origin as the theta body, the true 8th Dynamic In order to truly view this as a present time beingness one has to clean up, once and for all, his own confusions regarding these points. The key is being flat on all earlier levels and being honest with self as to the truth on each step of the rundown.

In doing this procedure one has to acknowledge the lie of time and persistence and the lie of the illusion that MEST is solid and unchangeable. Another key given is the fact that a being can exist independent of time and present time and can choose any point on the track as his present time. The PT body can confuse this, as attention to some degree is always hung up on the PT body. This fixes the thetan into one present time and one time stream when in fact there are many as you will discover.

Do not attempt this rundown if you are incomplete on any earlier level, incomplete on or in need of “sec checks,” involved in any out ethics, PTS or involved in any pressing PT situations that call your attention back to this present time. If you are in need of review on any point above, get it before starting the rundown or it will miss and be meaningless or wasted.

If your attention is in any way governed by OT 7 (NOTS) or earlier materials on OT levels, this rundown will miss and be wasted. This also goes for out int. If int/ext is a concern at all, get reviewed and flattened on OT 1 to 7 before attempting this rundown.

The techniques involve simple spotting techniques as in R2 processes or straightwire references.

- Step One: Read and word clear Handbook for Preclears cover to cover.
- Step Two: Do all steps and exercises in the above book and note reads on any terminals or items [presumably these are used in review or higher levels later]. Keep the ruds in.
- Step Three: Listen to the History of Man tapes and star rate M4 the concepts in them (The Time Track of Theta).
- Step Four: Clear the definition of “truth” and clay demo it [Tech Dictionary].
- Step Five: Clay demo the concept of the theta line branching out toward PT from the “theta body” and how this inhibits exteriorization, ability, power and perception of truth. Clay demo what will happen if someone did OT VIII procedure who was not fully completed on OT VII (NOTS). Sort this out from the above data.
- Step Six: Define “know-point” in the Tech Dictionary.
- Step Seven: Study the early Dianetic Auditor Bulletin on straightwire in Tech Volume One. Study Creation of Human Ability references regarding spotting objectively and subjectively. Demo “recall,” “spotting” and “return” and how these differ.
- Step Eight: This is the processing section which is done solo. Do not fall into running pictures or incidents. In others words, do not use “recall” or “return,” use “spot” only.

- [1] Fly the ruds.
- [2] Clear and false data strip “truth,” “identity,” “time,” “place,” “form” and “event,” each to EP. Restudy the definitions in the Tech Dictionary.
- [3] Clear and False Data Strip the “8th Dynamic,” “God,” “Infinity,” “self,” anyone you have identified as a god and any other wording you may have for the 8th dynamic.
- [4] Valence split (Similarity/Difference process) each answer on the reading questions below by alternately spotting differences and similarities between self and the terminal to a blow accompanied by a small blowdown F/N or larger.
- [A] Spot a person or object in this L/T or on the backtrack you have identified as or who represented the 8th Dynamic to you. Valence split to EP and then recheck to an F/Ning question on call or thought. End the session for the day and recheck to ensure it’s F/Ning the next day before continuing.
- [B] Spot a person who looked/looks like you. Handle as above.
- [C] Spot a person who looked/looks dissimilar to you. Handle as above.
- [D] Spot a person who is how you wanted/want to be. Handle as above.

- [E] Spot a person who is how you didn't want to be. Handle as above.
- [F] Spot a person who you'd never want to be. Handle as above.
- [G] Spot a person who you want to be. Handle as above.
- [H] Spot a person who you identify as self [me]. Handle as above.
End on major stable win on the subject of identity.

Step Nine: Run as above with Valence Splitting, etc.

- [1] Ruds as needed
- [2] Spot a being who is close in true identity to you.
- [3] Spot a being who has the same experiences as you.
- [4] Spot a being who solves things as you have.
- [5] Spot a being you are or have been junior or subordinate to as a thetan or in life.
- [6] Spot a being who you are/have been senior to in life or as a thetan.
- [7] Spot a person who postulates as you do.
- [8] Spot a person who you postulate for.
- [9] Spot a person who may have postulated for you.
- [10] Spot the situation or problem each of the above beings has solved for you.
Get prior confusion to the first time ever and spot the first moment of the first prior confusion.

End on major stable win on the subject audited; however, do Step 10 before proceeding.

Step Ten: Use alternate repetitive straightwire.

End on wins. End section when nothing reads anymore and you have a major stable win.

- [1] Spot a truth in self.
Spot a truth in others.
- [2] Have another spot a truth in you.
Have another spot a truth in himself/herself.
- [3] Spot a reality you have solved with a lie.
Spot a reality you have not solved with a lie.
- [4] Spot a reality you have substituted for a truth.
Spot a reality you have substituted for a lie.
- [5] Spot a reality another has substituted for a truth
Spot a reality another has substituted for a lie

- [6] Spot a reality you postulated for another.
What did it solve for you ?
What did it solve for him/her ?
- [7] Spot a reality another has postulated for you.
What did it solve for him/her?
What did it solve for you?
- [8] Have another spot a reality another has postulated in himself/herself.
What did it solve for him/her?
What did it solve for you?
- [9] Locate a reality you found safe.
Spot the truth about it. (to a blow, small blowdown F/N or larger)
- [10] Locate a reality another found safe.
Spot the truth about it. (to a blow, small blowdown F/N or larger)
- [11] Locate a reality another found safe for you.
Spot the truth about it. (to a blow, small blow down F/N or larger)
Have the other person spot the truth about it. (to a blow, small blow down F/N or larger)
- [12] Locate a reality you have found safe for another.
Spot the truth about it. (to a blow small blow down F/N or larger)
Have the other person spot the truth about it. (to a blow, small blow down F/N or larger)
- [13] Spot a reality you can create for yourself.
Postulate a truth for it.
- [14] Spot a reality you can create for another.
Postulate a truth for it.
- Note: Steps [16] to [19] are a bracket. Each set should blow down on the let go step. End on a win, cog or big change and then do the next step.
- [16] Create a future for someone.
Place them in it.
Postulate some truth about it.
Now let go of it
- [17] Create a future for yourself.
Place yourself in it.
Place another in it.
Postulate some truth about it.
Now let go of it.
- [18] Recall a truth you agreed didn't happen.
Spot the exact truth in it.
Spot any lie in it.
Now let go of it.

- [19] Spot present time moving forward.
Notice thetans agreeing with it.
Spot any agreements you have with it.
Now let go of it.
Spot a different present time.
Notice thetans agreeing with it.
Spot any agreements you have with it.
Now let go of it.
Spot a different present time.
Notice thetans agreeing with it.
Spot any agreements you have with it.
Now let go of it.
(Repeat to a small blowdown; F/N, big win))

Step Eleven: Do all steps to full EP. End on all wins until persistent F/N dies down.

- [A] Spot each portion of your theta that was abandoned.
- [B] Spot each portion of your theta you asserted was not yours.
- [C] Spot each portion of theta you asserted was yours that wasn't.
- [D] Spot your PT creations in this MEST universe.
- [E] Spot PT creations that were not yours in this MEST universe.
- [F] Spot any old creations that are hung up.
Spot the truth about these to a blow.

Note: Don't concentrate on the untruths, just the truths.

- [G] Spot yourself as a source for various things in this and other universes to full certainty.
- [H] Spot another 8th Dynamic creation as independent from yourself.
Spot where it is.
- [I] Spot points where you have experienced joy or ecstasy in creating in this lifetime and on the back track.
- [J] Spot other beings you feel high ARC or love for.
Spot the truths in these beings. (each to a read F/N)
- [K] Spot some theta you have created.
- [L] Create some theta. Uncreate it. (to a read as it blows off however small it is)

Redo A to L above until the TA floats or a true unkillable persistent F/N appears and you have had a revelation regarding truth or 8th Dynamic creation. This is the end of OT VIII. Note: I wasn't privy to any C/Singing or review techniques or other EP data. Beyond this there is no confidential EP to my knowledge.