SPECIAL RUNDOWNS

EDITORS NOTE

The following materials relate to rundowns which are the exclusive province of the Church of Scientology's Flag Land Base.

To date, the original materials have note been liberated from this institution. What is presented here are reconstructions of those materials by people who have trained and delivered them before leaving that organisation.

In the absense of the original materials, the following are presented on an "as is" basis and are used at your own discretion. No warranty is conferred or implied.

If the original materials should become available at a future date, a revision of this volume will done to include them.

The "L" Rundowns

INTRODUCTION

The L's were developed as a result of research into the levels above OT VIII. The success of the L's is startling. These rundowns can handle things that are handled nowhere else.

The breakthrough which exists here technically is so strong that it actually cuts through the normal protective mechanisms of the mind. It came actually from the OT Grades. It answers the question - Why does an OT restrain himself and cease to behave as an OT?

Each rundown is designed to terminatedly handle a specific area of a person's case. The L's are not grades in themselves but incredible boosters. The basic tech comes from research into increasing OT powers. They're a special class of rundown; they increase a person's power and effectiveness.

Part of the discovery was that this tech could be used lower down on the Bridge to get people up it faster - very much faster.

The L's address the basics of a thetan's case directly. They undercut the reactive mind and handle those factors which suppress the capacity to actually Do, Be and Have. They remove those things that can make a person less himself and far less powerful and causative as a thetan. These rundowns are designed to find and erase the basic counter intentions along one's dynamics. They stabilize a case.

The L's require an expert to run them. The auditor's TRs have to be perfect and there is no room for flubs. So don't audit these rundowns on a PC or PreOT until your auditing is flawless.

SETUP

In all the "L" Rundowns (L10, L11, and L12) the PC or PreOT is fully set up first with a C/S 53 and GF40 expanded if needed.

METHOD 6

The L type of assessment is Method 6.

Method 6 is addressed directly to the thetan, not to the bank. The auditor looks directly at the pc and says the question or item. That bypasses bank protective mechanisms.

A question is asked as a question, going up in the end as in regular assessment TRs.

However, on most of the L rundowns we are assessing in a declarative manner. Declarative is when one goes down in pitch rather than up at the end. Going through a list of possible valences we would declare each one directly to the pc with full intention. We are not asking, we are looking for a reaction on that item. Earlier M6 was done in an accusative manner. That was later revised to be a declarative manner.

PURPOSE OF THE L's

The Ls are intended to handle out-valence and evil purpose cases. We are handling main areas of resistiveness that are stopping the person from expanding. On L10 we handle the main valences that make him restrain his havingness. On L11 we handle evil purposes that keep him from acting. On L12 we stabilize his certainty of being himself. The 3 Ls roughly divide into Have (L10), Do (L11), and Be (L12).

Our main targets are past identities and evil purposes. We will gradually make the person realize that they are not him and thereby free him from them.

The Ls are tailored to the individual. Every pc might not need all the steps, some pcs need extra steps. Particularly L10 doesn't have a fixed program, but contains a number of different possible ways of getting items.

L 10

HUBBARD COMMUNICATIONS OFFICE
Saint Hill Manor, East Grinstead, Sussex

HCO POLICY LETTER OF 23 OCTOBER 1971

Flag Only
Class X Only

Only a full Class X
may type or run off
L-10 lists or materials

CLASS X CHECKSHEET

FOR L-10 (EXPORT)

C O N F I D E N T I A L

NAME:_____DATE STARTED: _____

ORG: _____DATE COMPLETED:_____

This course ma be taught only in an official Org which is qualified and specifically authorized to teach it.

Pre-requisite is successful completion and Internship of all levels up to and including Class IX.

Full completion of this checksheet including the auditing requirements entitles the student to the award of Class X Certificate.

Note: Students must be twinned in pairs. They remain twins for course study, Method 2 Word Clearing and for co-audit of the L-10 processes to L10 completion.

The skills of a Class X Auditor lie in flubbless TRs, Two Way Comm, Metering, Comm Cycle, understanding and application of the Overt Motivator Sequence, and perfect assessments. Therefore this checksheet specifically covers these aspects before the student begin the L-10 section itself. Other actions required in setting up a pc for L-10 are fully covered in precious levels and are not part of this course.

This checksheet must be done in sequence, star-rated once through except Sections 7 & 8 (the actual L-10 materials) which are zero rated once through both sections and then word cleared Method 2 then star-rated.

_____

CLASS X CHECKSHEET - SECTION ONE - GENERAL

1. HCOPL 15 June 1970   Keeping Scientology Working   _____

2. HCOPL 16 Apr 1965   The Hidden Data Line   _____

3. HCOPL 19 Apr 1965   Ethics Training & Processing Regulations   _____

4.   HCOPL 27 May 1965   Processing   _____

5.   HCOPL 22 Nov 1967   Out Tech   _____

6.   HCOPL 23 July 1969   Auditor Assignment Policies   _____

7.   HCOPL 4 Feb 1970   PC Application for Major Actions   _____

8.   HCOB   4 Feb 1970   PC Application for Major Actions   _____

9.   HCOB 28 Apr 1971   Okays to Audit in HGCs   _____

10. HCOPL 31 May 1968   Auditors   _____

11. HCOPL 14 Oct 1968   The Auditors Code   _____

12. HCOPL 2 Nov 1968   Additions to Auditors Code   _____

CLASS X CHECKSHEET - SECTION TWO
ETHICS AND LEGAL

1.   HCOPL   1 July 1965   Ethics Chits   _____

2.   HCOPL   5 Apr 1965   The Basis of Insanity   _____

3.   HCOPL   7 Aug 1965   Suppressive Person, Main Characteristics of _____

4.   HCOB   28 Jan 1966   S&D Data, How a Suppressive Becomes
                            One   _____

5.   HCOPL   1 Oct 1967   Uses of Orgs   _____

6.   HCOPL 27 Oct 1964   Policies on Physical Healing, Insanity and
                            Potential Trouble Sources   _____

7.   HCOPL 26 Oct 1970   Institutional and Shock Cases
                            Posting of Bonds   _____

8.   HCOPL 16 May 1970   Institutional and Shock Cases
                            Petitions from   _____

9.   HCOPL 14 Dec 1970   Institutional and Shock Cases
                            Petitions from Legal   _____

10. HCOPL 12 July 1971   Parent or Guardian Assent Forms   _____

CLASS X CHECKSHEET - SECTION THREE
COMM - ITSA - TRs

1.   HCOB 23 May 1971   The Magic of the Comm Cycle   _____

2.   HCOB 23 May 1971   The Two Parts of Auditing   _____

3.   HCOB 23 May 1971   The Three Important Communication Lines   _____

26. HCOB   10 July 1970   2-Way Comm - A Class III Action   _____

27. HCOB   3 July 1970   C/Sing 2 Way Comm   _____

28. HCOB   6 Nov 1964   Styles of Auditing   _____

29. HCOB   30 Apr 1969   Auditor Trust   _____

TAPES

1.   27 July 1954   Two Way Comm and the PTP   _____

2.   6 Oct 1954   Two Way Comm   _____

3.   22 Oct 1954   Two Way Comm   _____

4.   1 Nov 1954   Two Way Comm   _____

5.   29 Nov 1954   Two Way Comm   _____

6.   14 Aug 1963   Auditing Tips   _____

7.   15 Aug 1963   The Tone Arm   _____

8.   20 Aug 1963   The Itsa Line   _____

9.   21 Aug 1963   The Itsa Line   _____

10. 16 Oct 1963   The Itsa Maker Line   _____

11. Demonstrate in Clay   (a) The Mechanics of Two Way Comm   _____

                        (b) Over restimulation   _____

                        (c) Under restimulation   _____

TRs

1.   HCOB 17 Apr 1961   Training Drills Modernized   _____

2.   HCOB 16 June 1971   Rapid Tr - 2   _____

3.   HCOB   7 May 1968   Upper Indoc TRs   _____

4.   HCOB 16 Nov 1965   Commands for Upper Indoc TRs   _____

5.   HCOB 12 Jan 1959   Tone of Voice - Acknowledgement   _____

6.   HCOB 26 Apr 1971   TRs and Cognitions   _____

7.   HCOB 20 Feb 1970   Floating Needles and End Phenomena   _____

<u>TRs - PRACTICAL</u>

TR - 0	_____	TR - 4	_____
TR - 1	_____	TR - 6	_____
TR - 2	_____	TR - 7	_____
TR - 2 RAPID	_____	TR - 8	_____
TR - 3	_____	TR - 9	_____

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<u>CLASS X CHECKSHEET - SECTION FOUR</u>
<u>RESPONSIBILITY AND THE O/M SEQUENCE</u>

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1.	HCOB 1 Nov 1968	Overt - Motivator Definitions	_____
2.	Demonstrate in Clay	(a) An Overt	_____
		(b) A Motivator	_____
3.	HCOB 18 Dec 1957	Psychosis, Neurosis, and Psychiatrists	_____
4.	HCOB 17 May 1958	Beingness Again	_____
5.	HCOB 17 Dec 1958	Basic Postulate of Overt Motivator Sequence	_____
6.	HCOB 7 May 1959	New Process theory	_____
7.	HCOB 23 Dec 1959	Responsibility	_____
8.	HCOB 21 Jan 1960	Justification	_____
9.	Demonstrate in Clay	(a) Withhold	_____
		(b) The Overt Motivator Sequence	_____
		(c) The Mechanics of Justification	_____
10.	HCOB 4 Feb 1960	Theory of Responsibility Processing	_____
11.	HCOB 4 Feb 1960	Overt Manifestations on a Low Toned Case	_____
12.	HCOB 18 Feb 1960	How to Run O/W and Responsibility	_____
13.	Demonstrate in Clay	(a) Responsibility	_____
		(b) Why a thetan restrains himself	_____
		(c) How O/W works	_____
14.	HCOB 25 Feb 1960	Scientology Can Have a Group Win	_____

15.	HCOB 9 June 1960	The Basic Assumptions	_____
16.	Demonstrate in Clay	(a) The mechanics of Out - of - Valence	_____
17.	HCOB 13 Aug 1962	Rockslams and Dirty Needles	_____
18.	HCOB 7 Dec 1964	PTPs, Overts and ARC Breaks	_____
19.	HCOB 4 Apr 1965	ARC Breaks and Missed Withholds	_____
20.	HCOB 29 Sept 1965	The Continuous Overt Act	_____
21.	HCOB 30 June 1967	Evidences of an Aberrated Area	_____
22.	HCOB 6 June 1969	Prediction and Consequences	_____
23.	HCOB 31 Dec 1959	Blow offs	_____
24.	HCOB 31 Jan 1970	Withhold, Other Peoples	_____

TAPES

1.	6001C01	SMC - 1	Opening Lecture	_____
2.	6001C01	SMC - 2	Responsibility	_____
3.	6001C01	SMC - 3	Overts and Withholds	_____
4.	6001C02	SMC - 4	A 3rd Dynamic in Scientology	_____
5.	6001C02	SMC - 5	Marriage	_____
6.	6001C02	SMC - 6	Group Processing	_____
7.	6001C03	SMC - 7	Zones of Control, Rsponsibility	_____
8.	6001C03	SMC - 8	Create and Confront	_____
9.	6001C03	SMC - 9	Your Case	_____
10.	6102C09		Illness, Insanity and Axiom 2	_____
11.	6102C10		Procedure, Duplication and What People Do	_____
12.	6102C16		Machinery and Games Thetans Play	_____
13.	Write and essay on relationship of O/W sequence to Insanity, Valences and Cause Level			_____

CLASS X CHECKSHEET - SECTION FIVE
PC OBNOSIS

1.	HCOB 26 Oct 1970	Obnosis and the Tone Scale	_____
2.	HCOB 19 June 1970	C/S Series No. 8 Chart of Human Evaluation	_____
3.	Chart	Chart of Human Evaluation	_____
4.	HCOB 18 Sept 1971	Scales	_____
5.	HCOB 25 Sept 1971	Tone Scale in Full	_____
6.	HCOB 29 July 1964	Good Indicators at Lower Levels	_____
7.	HCOB 26 Apr 1969	Bad Indicators	_____
8.	HCOB 28 Feb 1959	Analysis of Cases	_____
9.	Demonstrate in Clay	How auditing affects Tone Level	_____

10. Drill: Walk around the Org. Observe and talk briefly to 10 people individually. Spot their tone levels and note down their manerisms and characteristics by which you ascertained their levels.

CLASS X CHECKSHEET - SECTION SIX
METERING

1.	E - Meter Essentials	Section F, The Needle	_____
2.	HCOB 14 Jan 1963	Rings Causing Rock Slams	_____
3.	HCOB 21 Jan 1964	Breath and Body Action	_____
4.	HCOB 5 Oct 1968	ARC Break Needle	_____
5.	HCOB 7 Oct 1968	ARC Break Needle	_____
6.	HCOB 28 Feb 1971	Meter Reading Items	_____
7.	HCOB 14 Mar 1971	F/N Everything	_____
8.	HCOB 23 May 1971	Metering	_____
9.	HCOB 24 Oct 1971	False TA	_____
10.	HCOB 10 Dec 1965	E-Meter Coaching	_____
11.	HCOB 16 June 1971	Advanced E-Meter Drills	_____

<u>E-METER DRILLS</u>   (per Book of E Meter Drills)

EM Drill 11   _____   EM Drill 12   _____

EM Drill 13   _____   EM Drill 14   _____

EM Drill 15   _____   EM Drill 16   _____

EM Drill 17   _____   EM Drill 18   _____

EM Drill 19   _____   EM Drill 20   _____

EM Drill 21   _____   EM Drill 23   _____

EM Drill 24   _____   EM Drill 27   _____

Advanced E Meter Drill No. 2 (Per HCOB 16 June 1971   _____

<u>CLASS X CHECKSHEET - SECTION SEVEN</u>
<u>L - 10 ITSELF</u>

1.	HCOB 22 Jan 1971	The Fabulous L-10	_____
2.	HCOB 25 Mar 1971	Re: Auditing Requisite of Auditors Auditing L10	_____
3.	HCOB 13 Aug 1971	L10 Training Prerequisites	_____
4.	HCOB 19 July 1971	C/S Series 52 Internes	_____
5.	HCOB 25 Mar 1971	L10 Prerequisites. Setting Up a Pc for L10s	_____
6.	HCOB 27 Sept 1966	The Anti Social Personality	_____
7.	HCOB 28 Nov 1970	Psychosis	_____
8.	HCOB 17 Sept 1971	Data for Class X	_____
9.	HCOB 17 July 1971	C/S Series 51 Out Of Valence	_____
10.	Demonstrate in Clay	(a) Psychosis	_____
		(b) The Anti Social Personality	_____
		(c) How an SP Becomes One	_____
11.	HCOB 10 May 1971	F/N Style	_____
12.	Demonstrate in Clay	(a) What Stops an F/N	_____
		(b) What Happens if Each Item is Not Taken to F/N in L10	_____
13.	HCOB 18 Sept 1971	L10 Style Assessment	_____

| 14. | Demonstrate in Clay | (a) L10 Style assessment | _____ |

15. HCOB 11 May 1971   L10 Slows   _____

16. Demonstrate in Clay   (a) The effect of L10 on an improperly
set up case   _____

(b) The effect of slow TR-2 in L10   _____

(c) The mechanics of a lie   _____

(d) The effect of auditing over an evil life   _____

17. HCOB 25 June 1971   Major L10 Errors   _____

18. HCOB 25 June 1971   L10 General Notes   _____

19. HCOB 25 Mar 1971   How to Extract Items for O/Ws
from L10 W/S   _____

20. HCOB 17 Sept 1971   L10 Repowered O/W Commands   _____

21. HCOB 11 May 1971R   Evil Lives   _____

22. HCOB 22 Sept 1966   Clear and OT   _____

23. HCOB 2 Aug 1971   The State of Clear and OT   _____

24. HCOB 22 June 1971   End Phenomena of L10s   _____

25. WORD CLEARING   Word Clear Method 2 on all HCOBs
in this Section   _____

26. Demonstrate in Clay   (a) What is acheived by L10   _____

NOTE: The student should have completed his own L10 as a case before proceeding with section eight.

CLASS X CHECKSHEET - SECTION EIGHT
L10 RUNDOWN

(The materials of this section constitute the "L10 Pack" one of which is issued for each Pc.)

1. HCOB 27 June 1971R   L10 Checklist   _____

2.   Important Note   _____

3.   Instruction Sheet   _____

4.   Applicant for L10 Form   _____

5.		Auditor C/S Attest Form	_____
6.	HCOB 27 Mar 1971	Considerations Rundown	_____
7.	HCOB 14 Sept 1971	Two Way Comm C/Ses for L10	_____
8.	HCOB 26 June 1971R	Full Lie Rundown	_____
9.	HCOB 14 Sept 1971	L10 Program Assessment	_____
10.	HCOB 8 Feb 1971	L10 PA Handling Sheet	_____
11.	HCOB 18 Jan 1971	L10 1 Motivator List	_____
12.	HCOB 19 Jan 1971	L10 2 Overt List	_____
13.	HCOB 18 Sept 1971	E/Purpose General	_____
14.	HCOB 20 Jan 1971	L10 Others To Others	_____
15.	HCOB 30 Nov 1971	L10 LTA Omission List	_____
16.	HCOB 15 Sept 1971	E/Purpose Multiple C/S	_____
17.	HCOB 15 Sept 1971	Greatest O/M RD C/S	_____
18.	HCOB 15 Sept 1971	Enemy R/D Multiple C/S	_____
19.	HCOB 1 Feb 1971	L10 2D 1 and 2	_____
20.	HCOB 7 Feb 1971	L10 G Group Approach L10	_____
21.	HCOB 27 June 1971	MEST RD Lists	_____
22.	HCOB 27 June 1971	MEST RD Lists	_____
23.	HCOB 28 Dec 1970	L10 Result Assessment	_____
24.	HCOB 27 June 1971	L10 RA Handling Sheet	_____
25.	HCOB 15 Sept 1971	Special C/S for L10 RA 33	_____
26.	HCOB 26 June 1971	The Connections List	_____
27.		Final Instructions	_____
28.	Word Clear Method 2 on the materials of this section		_____

DRILLS: (Per HCOB 23 Oct 1971 L10 Drills)

1. TR X-1 (a) 2W/C ____ 2. TR X-2 (a) L10 Style Assessment ____

   (b) ____   (b) ____

3. TR X-3 (a) 6W O/W ____ 4. TR X-4 (a) Consideration R/D ____

   (b) ____   (b) ____

5. TR X-5 (a) Lie R/D ____ 6. TR X-6 (a) L10 PA ____

   (b) ____   (b) ____

7. TR X-7 (a) L10 Lists ____ 8. TR X-8 (a) L10 LTA ____

   (b) ____   (b) ____

9. TR X-9 (a) L10 2D 2 ____ 10. TR X-10 (a) E/Purp ____

   (b) ____   (b) ____

11. TR X-11 (a) E/Purp Mul ____ 12. TR X-12 (a) Enemy R/D ____

    (b) ____   (b) ____

13. TR X-13 (a) Great O/M ____ 14. TR X-14 (a) Life R/D ____

    (b) ____   (b) ____

15. TR X-15 (a) MEST R/D ____ 16. TR X-16 (a) Connections R/D ____

    (b) ____   (b) ____

17. TR X-17 (a) E/Purp Mul ____

    (b) L10 RA ____

CLASS X CHECKSHEET - SECTION NINE
C/SING CLASS X

A thorough knowledge of all the materials of this course is essential to the C/Sing of L10. In addition, the following are relevant.

1.   HCOB 23 Aug 1971   Auditors Rights   _____

2.   HCOB 16 June 1970   What the C/S is Doing   _____

3.   HCOB 19 June 1970   Chart of Human Evaluation   _____

4.   HCOB 3 July 1970   C/Sing 2W/C   _____

5.	HCOB 21 Aug 1970	Session Grading	_____
6.	HCOB 26 Aug 1970	Session Grading	_____
7.	HCOB 8 Oct 1970	Persistent F/N	_____
8.	HCOB 28 Nov 1970	Psychosis	_____
9.	HCOB 28 Feb 1971	Metering Reading Items	_____
10.	HCOB 6 Mar 1971	Long C/Ses	_____
11.	HCOB 31 Mar 1971	Programming & Misprogramming	_____
12.	HCOB 26 May 1971	Mixing Major Actions	_____
13.	HCOB 21 Oct 1971	Intensive Programs	_____
14.	HCOB 9 June 1971	Complete Cycles	_____
15.	HCOB 19 June 1971	C/S Rules	_____
16.	HCOB 19 June 1971	Declares	_____
17.	HCOB 20 June 1971	The Supreme Test of a C/S	_____
18.	HCOB 17 July 1971	Out of Valence	_____
19.	HCOB 29 Mar 1970	Auditing and Ethics	_____

I attest that I have completed the above checksheet and that I understand and can apply the materials:

_____
(Student)

_____
(Supervisor)

Student has passed L10 written exam 100%

_____
(Student Examiner)

L. RON HUBBARD
Founder

L 10

L10 is designed to handle the things a thetan uses to restrain himself. The person regains his ability and power to do those things he intends to do and as a result he feels more at cause than ever before. L10 is an action that really releases a person's power on the third and fourth dynamic. It takes off the stops that hold a person back on these dynamics.

L10 will boost the individual's confront and responsibility level and consequently raise his doingness level.

PREREQUISITES: L10 is not restricted to only those who have completed OT III. The only prerequisites to L10 are a complete NED Drug R/D and Expanded Grades. It may not be done in the Non-interference Zone between Grade VI R6EW and OTIII.

Note - All assessing is done M-6 (the L10 method of assessing a list). You look at the PC or PreOT and give him directly every item or question on the list. (Tape recording 7106C12)

L10 EP

Freedom from self-restraint. His reach (havingness) is increased.

L10 BASIC APPROACH

0) Handle any identities the pc is assuming when he goes into session. Any fixed valences he uses to be audited with.

1) 2WC for areas the pc has difficulty with or terminals he has trouble handling.

2) Get an identity or terminal associated with the area. The way we do that depends on the pc's reality. On a higher level pc we can ask for identities that would represent the area, for lower level pc we might just ask for an identity associated with the area. Use whatever concept that communicates best: Identity, Valence, Character, Beingness, etc. If pc lists we would go to a BD F/N item. "Who or What would have ___?" can be used. If pc gives "Me" as an identity: get it translated into a description of the identity. If it isn't possible, use "Me" in the steps anyway.

3) O/Ws on item:

   1. "What has a ____ done?"
   2. "What has a ____ withheld?"

   We do this to unburden the item so that we can get to the basic purpose of it.

4) L&N for basic purpose / basic intention of the item:
   "What is the basic purpose or intention of _____?"

   Date to blow / Locate to blow this purpose if evil.

5) If not completely handled / still some attention on the identity, 2wc or L&N: "What identity would oppose (the item)?"

   Same handle: 3)-5). May have to continue opposing each identity until handled.

6) On heavily charged terminals or opposing terminals one can do Quad O/Ws, Quad Ruds, and Can't Have, Enforced Have steps - as needed.

7) The 2WC in 1) is taken to F/N and flat. Pc may have many identities in the area

8) Many other methods can be used to get valences. The standard L10 RDs can be used as well as others, e.g. LX lists.

L10 RUNDOWNS

1) L10 Prior Assessment (P.A.):A list of potentially charged dynamics/areas from which to tailor and develop or C/S L10 O/W questions/lists

2) M6 assess then 2WC E/S to F/N, find intention behind

   L10   M1 List of motivators (general)

      M2 List of overts (general)

   L10 2D   1) 2nd dynamic motivators

         2) 2nd dynamic overts

   L10 Group O/W on all flows 0-4

   MEST/LIFE RD: O/Ws on 5+6 dynamics

3) Considerations RD:

4) Connections RD: (Questions designed to get aberrated connections terminals/ dynamics ... Expanded dynamics list, take reading items 2WC to F/N)

5) Enemy RD: I - L&N "Who do you consider an enemy" (handled all flows)
            II - O/W item
            III - E/Purp had + Date/Locate to blow.

6) Greatest Overt: L&N "What was the greatest overt you committed on the Whole Track?" ... D/L + do FL0-4

7) E/Purp Multiple: (See ExDN pack in Vols.) "What evil purpose have you had towards another?"

8) Lie RD: L&N "What was your greatest lie on the Whole Track?"

9) L10 RA (Results Assessment):

L10 PRIOR ASSESSMENT

1. M6 Assess an expanded dynamics list like the one below.

2. Get considerations about each reading item. Look for service facs and evil purposes, ways he is resisting the item.

3. Date/Locate any evil purposes found.

Expanded Dynamics List (symbiotes & items on dynamics)

1D, Self:

thetan	individuality	identity	mental machinery
a mind	a skill	tool	clothing
career	identification	human body parts	brain
body	cells	car	house
food	meals	vehicle	decorations
certificates	diplomas	body organs	viewpoints
a habit	appetite	ego	urge to survive as individual
auditing	hobby	medicine	self improvement
study	book	ornament	grooming
personal hygiene	self expression	health	product
GE	job	paycheck	

2D, Sex & Family:

food preparation	duplication	child	sex
genital	penis	vagina	sperm
ovum	semen	conception	childhood
mother	farther	matriarch	patriarch
son	daughter	intercourse	family
home	desire	virility	impotence
a marriage	seduction	urge to procreate	sexual pleasure
sexual sensation	courting	feminity	masculinity
pregnancy	birth	babies	breasts
contraceptives	homosexuality	bisexuality	sexual practices
rape	promiscuity	VD	relatives
family ties	incest	mother's milk	abortion
prenatal	influence	mating	nurturing
menstruation	infatuation	sexual love	sibling

3D, Group:

club	flag	insignia	meeting place
uniform	rank	the state	members
membership	law	rules	corporation
agreement	team	a race	team mates
constitution	constituency	politics	leaders
followers	morals	commandments	policy
admin	organization	org board	orders
school	education	exchange	military
police	prison	criminal	mores
language	urge to join	war	government
democracy	tyranny	aristocracy	collective

4D, Mankind:

commerce	human species	ecology	development of space
space travel	world travel	genocide	exploration
human race	brotherhood	united nations	world organization
world trade	confederations	world citizenship	league of nations
esperanto	world health	world treaties	international agreements
human rights	world systems	world communication	urge to act in concert
free trade	global contract	world government	human dignity
common man			

5D, Life Forms:

plant	animal	primate	body
bird	reptile	fish	cell
virus	biology	embryo	egg
organic	form	seed	insect
mollush	lichen	protozoa	organs
tissue	bloom	chlorofil	protein
amino acids	RNA	DNA	genes
garden	harvest	pets	ecology
pollution	extraterrestrials	aliens	urge to survive as life form
life energy	fertilizer	nutrients	urge to improve life forms
photon converter	bacteria	elan vital	

6D, MEST:

wavelength	object	mass	atom
molecule	quanta	particle	smoke
clouds	time	space	a dimension
form	gravity	force	light
fluids	chemicals	mineral	rock
earth	planet	star	plasma
air	galaxy	solar system	physical universe
shape	size	elements	direction
vector	ridge	beam	explosion
implosion	subatomic particles	electricity	density
compounds	vacuum	mixtures	weather
tendency to persist	condense	wind	fire
water	location		

7D, Spirit:

aesthetic wave	value	ghost	spirit
art object	beauty	the occult	magic
voodoo	mediums	masters	symmetry
logic	creative urge	sublimation	ambiguity
poetry	theory	idea	theta
OT	virtue	architecture	literature
essay	writing	imagination	mathematics
evil	courage	goodness	purity
own universe	astral body	ectoplasm	telepathy
telekinesis	metaphysics	ethics	justice
philosophy	immortality	freedom	free will
nobility	style	urge to create	

<u>8D, Infinity:</u>

religion	worship	goddesses	profanity
priest	guru	avatar	sacrifice
omnipotence	omnipressence	gods	deity
divinity	sublime essence	immanence	radiance
grace	infinite potentiality	hymn	blasphemy
demon	trancendence	church	prayer
religious practice	rites	absolute	co-existence of static
basic truth	as-isness	miracles	divine healing
faith	belief	idols	sacred texts
gospels	sutras	parables	urge to ultimate truth
self trancendence	sacred teachings	heaven	hell
devil	angel	paradise	wrath of God
godlike states			

Another way of getting items on the dynamics:

L&N for each dynamic:

Who or what (W/W) represents the (Dynamic) ?

or

W/W would represent the (Dynamic) ?

For example:

W/W represents the first dynamic? LF

Item: an engineer LFBD F/N

Write down PCs answer and note all reads. R-factor to PC that his answer will be used to prepare and tailor the next steps in the RD

Repeat for all the other dynamics.

8D RUNDOWN

a)   L10 M1 List of Motivators}   done in one session to avoid
                                               }   restim by
             M2 List of Overts   }   unflat O/M sequence.

Use prepared lists of motivators * and overts plus Qs constructed from preassessment (200Qs)

Handling: M6 assess then 2WC ES to F/N if read.

                <u>On heavily charged Q</u>: ask

                "What would be the intention behind someone who would e.g. <u>punish someone</u>?   L/N then D/L Intention

                OR:

                <u>On heavily charged Overt</u>: L&N for Intention then D/L.

b)   Same as above for dynamics 2-6. Ref: L10 outline.

*   Use <u>general</u> compilations of various sec check lists (e.g. Whole Track, Children etc rephrased as O/M)

<center>Possible Questions:</center>

2D:

1.   Is the 2D something to stay away from?

2.   Have you been made to feel inadequate sexually?

3.   Have you been made wrong for loving someone?

4.   Have you desired someone and not won them over?

5.   Was there someone that insisted you were at fault in the 2D?

6.   Has a 2D partner used anger to get their way?

7.   Have you been stopped on the 2D?

8.   Has a 2D partner forced you into something you don't want?

9.   Have you gone along with a 2D when you knew it was wrong?

10.   Have you conceded a major point on the 2D when you shouldn't have?

11.   Have you left a 2D for no good reason?

12.   Have you harmed a 2D?

13.   Have you withheld your true intentions to a 2D?

14.   Does some destructive impulse get in the way of your 2D happiness?

15.   Are you ruled by an evil intention when it comes to the 2D?

16.   Do you have hostility to the opposite sex?

17.   Is there an evil intention that is blunted on the 2D?

18.   Is ther something you want to do and shouldn't on the 2D?

19.   Has cruelty been a part of your past on the 2D?

20. Is there a past life 2D partner you have ruined?
21. Is ther a past life partner that you have suppressed?
22. Have you stopped another 2D?
23. Is there some reason for hurting another in the 2D?
24. Does some consideration make what you do on the 2D right no matter what?
25. Have you been afraid to reveal something on the 2D?
26. Do you withhold your real purposes on the 2D?
27. Has the 2D been a source of revenge for you?
28. Are you proud of some overt on the 2D?
29. Is the 2D something to stop?
30. Is the 2D not worth it?
31. Are women better left alone?
32. Has a destructive impulse been missed on the 2D?

3D:

1. Have you been ousted from a group for no good reason?
2. Have you had a group make you out to be a failure when you weren't
3. Was a group determined to stop ;you?
4. Was a group threatening to you?
5. Was a group invalidating your initiative?
6. Has any group failed to better you?
7. Have you gone along with the wishes of a group when it was wrong?
8. Have you taken on a group purpose that was destructive?
9. Have you sided with a traitor of a group?
10. Have you been an agent against a group that turned out to be worthwhile?
11. Is there a group that you sided with that did in a lot of people?
12. Have you been a member of a group whose intent was to harm?
13. Have you been in a group that chose to hate some part of mankind?
14. Is there a group you were in that aided only the rich and influential?
15. Is there a group that you have actually worked against?
16. Have you broken up a group through sabotage?
17. Have you played two groups against each other?
18. Have you been a destructive source in a group?
19. Have you had the impulse to do away with any group?
20. Have you let a group die off?
21. Have you spied on a group and ruined it?
22. Is there a hidden distrust of anyone in a group?
23. Do you hide an evil intention while in a group activity?
24. Have you ever failed with a purpose to harm any group?
25. Has a leader been you enemy?28.

6D:

1. Are your possessions your own?
2. Have you been bought off with possessions?
3. Have you let things decay?
4. Has MEST been your enemy?
5. Have you stolen things?
6. Have you been destructive to another's belongings?
7. Have you intentionally hurt an object?
8. Have you used energy to dictate to others?
9. Have you used MEST to do something evil?
10. Is there an impulse to do something to MEST?
11. Have you grabbed another's space?
12. Have you destroyed an aesthetic creation?
13. Have you failed to control a harmful intention with energy?
14. Have you let time dictate to you?
15. Have you created something that harmed a lot of people?
16. Has an object of yours been used for destructive purposes?
17. Have you created something with an intent to use it for destruction?
18. Have you had to restrict yourself in your pursuit of possession?
19. Has a destructive impulse gotten in the way of your pursuit for material wealth?
20. Has a destructive impulse towards MEST been missed?

Comm Enforcements

1. Have you enforced comm on another?
2. Has comm been enforced on you?
3. Has your affinity been inhibited?
4. Have you blunted another's affinity?
5. Have you enforced your reality on another?
6. Has another enforced reality on you?
7. Have you been indoctrinated into thinking a certain way?
8. Have you insisted another have your views?
9. Have you been made to do things you didn't want?
10. Have you forced antoher to do something against his own will?
11. Have you been made to be something you didn't want to be?
12. Have you forced another to act in a certain way?
13. Have you been forced on an object you didn't want?
14. Have you made someone own something they didn't want?
15. Have you been made to lie?
16. Have you made another distort the truth?

17. Have you gotten your own way by force?

18. Have you inhibited another by beingness?

19. Have you had your identity inhibited by someone?

20. Has an identity been enforced on you?

21. Have you made someone be where they didn't want to be?

22. Have you been put somewhere you didn't want to be?

23. Have you been made to know something?

24. Have you enforced data on someone else?

25. Has responsibility been forced on you?

26. Have you made another be responsible?

27. Have you had your comm inhibited?

28. Have you inhibited another's comm?

29. Have you had your comm refused?

30. Have you refused another's comm?

31. Have you been party to false affinity?

32. Has someone been false with their affinity to yoiu?

33. Have you received false affinity?

34. Have you had your reality inhibited?

35. Have you inhibited another's reality?

36. Have you refused another's reality?

37. Has you reality been refused?

38. Has someone falsified your reality?

39. Have you made another's reality look false?

Another Sec Check

1. Do you lie about yourself?

2. Do you suppress yourself in some way?

3. Do you suppress life?

4. Do you connect yourself with bad influences?

5. Do you connect up with bad memories?

6. Is there some connection you wont let go of?

7. Do you always act in a certain way?

8. Do you own your loyalty to no one?

9. Are you doing yourself in?

10. Do you ant to or intend to do yourself in?

11. Are you on a succumb?

12. Do you wish to succumb?

13. Do you plan to let yourself go unrestrained?

14. Have you ever sought revenge on your family?

15. Have you ever done a family member in?

16. Have you made someone in your family guilty?
17. Have you ever brutalized another with sex?
18. Is sex destructive?
19. Is love harmful?
20. Are you best left alone?
21. Is rape justifiable?
22. Do you hold the opposite sex in contempt?
23. Are women stupid?
24. Do you lie about sex?
25. Do you have a secret desire to annihilate the opposite sex?
26. Is violence justifiable on a woman?
27. Are you implanted to feel a certain way about sex?
28. Do you have a dirty mind?
29. Are groups worthwhile?
30. Is there a leader you've done in?
31. Do you have a secret hatred towards groups?
32. Are you desirous of a group's support?
33. Have you let any group die off?
34. Are groups better left to followers?
35. Are you spied on?
36. Is someone after you?
37. Do you have an evil impulse towards any group?
38. How long should any group last?
39. What makes a group fail?
40. Do you plan to seed the growth of unrest in any group?
41. Do you judge people by race?
42. Are certain religions harmful?
43. Is there any race you have it in for?
44. Does it pay to be destructive?
45. How powerful do ;you have to be to be successful?
46. What connection is sacred?
47. What part of mankind is harmful?
48. Have you justified a destruction of a race?
49. ARe other people necessary?
50. Is there some object you are connected with?
51. Is there a certain time period you dwell upon?
52. Is there something your energy is absorbed in?
53. Is there a space you are forbidden in?
54. Are spirits evil?
55. Is your spirituality threatened?
56. Are spirits overpowering?
57. Have you squashed a thetan out of existence?

58. Has your existence been questioned?
59. Have you lost out to a body?
60. Do you seek revenge against a spirit or thetan?
61. Are you a traitor?
62. Is your cause lost?
63. Do you intend to create havoc?
64. Is life worth living?
65. Are people better off dead?
66. What makes people insane?
67. Why are people suspicious?
68. Is there a past life that was a failure?
69. Is there a past life that was important?
70. Is there a past life that you can't talk about?
71. Is there a past life that was evil?
72. What past life was critical?
73. What past life was suspicious?
74. Are you facing eternity with lack of hope?
75. Is eternity a dreaded matter?
76. What would move you to violence?
77. What motivates mankind?
78. Are you motivated by any impulse?
79. Why do people hate?
80. Is your survival dependent on an outside source?
81. Is your destiny decided by someone else?
82. Should you be punished forever?
83. Will all be the same?
84. How can you be stopped?
85. How can you be made nothing of?
86. Is there hope for man?
87. Has this all been run on someone else?
88. Are you waiting for something magical to happen?
89. Have you decided it was a waste?
90. Do you intend to make trouble after the auditing?

OVERTS BY DYNAMICS R/D

<u>FIRST DYNAMIC</u>

1. Have you ever denied yourself an opportunity?

2. Is there something you haven't let yourself have?

3. Have you ever deliberately made someone think badly of you?

4. Have you ever made someone punish you?

5. Have you ever distrusted yourself?

6. Have you ever made yourself sick?

7. Have you ever deliberately hurt yourself?

8. What haven't you let yourself do?

9. Have you ever considered anything to be "Much too good for you"?

10. Have you ever hated yourself?

11. Have you ever decided you were unworthy of your friends?

> family?

> job?

12. Have you ever prevented yourself from accomplishing something?

13. What haven't you let yourself feel?

14. What haven't you let yourself think?

15. Have you ever restrained yourself from a desired sexual experience?

16. Is there anything you won't let yourself eat?

> drink?

17. What won't you let yourself see?

> hear?

> touch?

18. What won't you let yourself understand?

19. Have you ever attempted suicide?

20. Have you ever misused a body part?

21. Have you ever punished yourself?

22. Have you ever lied to yourself?

23. Have you ever failed to care for a body part?

2ND DYNAMIC (Family)

1. Have you ever been a disturbing element in a family?
2. Have you ever joined a family out of revenge?
3. Have you ever disowned a member of your family?
4. Have you ever gotten a relative into trouble?
5. Have you ever worked against your family?
6. Have you ever badly raised a child?
7. Have you failed to provide for a child of yours?
8. Have you ever split up a family?
9. Have you ever had a bastard?
10. Have you ever passed off a bastard as legitimate?
11. Have you ever claimed a blood-relationship you didn't have ?
12. Have you ever forced a child into an unsuitable profession?
13. Have you ever forced a child into a loveless marriage?
14. Have you ever interfered with an inheritance?
15. Have you ever had a member of your family incarcerated?
16. Have you ever had an abortion?
17. Have you ever exposed an infant?
18. Have you ever physically injured a relative?
19. Have you neglected your child's education?
20. Have you caused hostile factions within a family?
21. Have you ever lived parasitically on your family?

SECOND DYNAMIC (Sex)

1. Have you ever sexually aroused someone and then not satisfied him (her)?
2. Have you ever been sexually aroused by an object?
3. Have you ever aroused another sexually with an object?
4. Have you ever made love to a person of the wrong age?
5. Have you ever made love to a person of the wrong sex?
6. Have you ever made love to a person of the wrong class?
7. Have you ever made love to a person of the wrong race?
8. Have you ever made love to a creature of the wrong species?
9. Have you ever made love to someone who belonged to another?
10. Have you ever taught another perverted sexual practices?
11. Have you ever invented perverted sexual practices?
12. Have you ever used sex unethically?
13. Have you ever made love to a person you disliked?
14. Have you ever used the wrong body part for intercourse?
15. Have you ever caused someone to be castrated?
16. Have you ever made someone's body more exciting by warping or distorting it?
17. Have you ever raped anyone?
18. Have you ever failed to have intercourse with someone you should have?
19. Have you ever had sex with a member of your own family?
20. Have you ever made love to a person of your own sex?
21. Is there anything about your sex life that would be unsafe to reveal?
22. Have you ever misused sex?
23. Have you ever withheld sex?
24. Have you ever stood up a date?

THIRD DYNAMIC

1. Have you ever joined a group without being qualified?
2. Have you ever given a group less than you received from it?
3. Have you ever split a group into factions?
4. Have you ever perverted the purpose of a group?
5. Have you ever made a group too dependent on you, and then left?
6. Have you ever belonged to a secret society?
7. Have you ever gone over to the other side?
8. Have you ever been an informer?
9. Have you ever brought your group into disrepute?
10. Have you ever weakened your group?
11. Have you ever been a spy?
12. Have you ever been a double agent?
13. Have you ever permitted your group to be wiped out?
14. Have you ever joined a group you considered bad?
15. Have you ever given a group bad leadership?
16. Have you ever given a group bad service?
17. Have you ever provided badly for your group?
18. Have you ever made your side lose?
19. Have you ever injured the survival of a fellow group member?
20. Have you ever enturbulated a group?
21. Have you ever done anything to a group?
22. Have you ever destroyed or reduced the survival of your own group?

FOURTH DYNAMIC

1. Have you ever treated a member of your species like an animal?

                                                         a machine?
2. Have you ever made territory uninhabitable?
3. Have you ever resigned from the human race?
4. Have you ever pretended to be a human being?
5. Have you ever done anything to keep mankind from uniting?
6. Have you ever tried to exterminate a species?
7. Have you ever pretended to be a member of a different species?
8. Have you ever denied a species a place to live?
9. Have you ever prevented a species form reproducing?
10. Have you ever perverted the purpose of a species?
11. Have you ever kept your own species ignorant?
12. Have you ever eaten a member of your own species?
13. Have you tried to start a war among your own species?
14. Is there anything you've done to a species that would be unsafe for you to reveal?

FIFTH DYNAMIC

1. Have you ever treated living creatures like objects?
                                                      machines?
2. Have you ever damaged crops?
3. Have you ever used bad breeding stock?
4. Have you ever eliminated good breeding stock?
5. Have you ever crippled or killed living creatures for fun?
6. Have you ever cut down trees without replanting?
7. Have you ever let weeds take over cultivated areas?
8. Have you ever failed to fertilize crops?
9. Have you failed to provide water for livestock?
                                                   crops?
10. Have you ever put life forms to strange uses?
11. Have you ever polluted water sources?
12. Have you ever killed off a useful species faster than it could breed?
13. Have you ever abused a living creature?
14. Have you ever castrated or spayed domestic animals?
15. Have you ever bred warped life forms?
16. What life forms have you eaten?
17. What life forms have you fed to other life forms?
18. Have you ever kept a life form in an unsuitable environment?
19. Have you ever destroyed other life forms?

SIXTH DYNAMIC

1. Have you ever failed to maintain a machine properly?
2. Have you ever destroyed a useful object?
        beautiful object?
3. Have you ever hid an object?
4. Have you ever made harmful combinations of matter?
5. Have you ever wasted metals?
                             chemicals?
                             inorganic materials?
6. Have you ever misused a tool?
                             machine?
7. Have you ever forgotten how to build something?
8. Have you ever perverted the use of a scientific discovery?
9. Have you ever built something destructive?
10. Have you ever built something that didn't work?
11. Have you ever made an ugly "work of art"?
12. Have you ever put things too far apart?
13. Have you ever put things too close together?
14. Have you ever made a location a mystery?
15. Have you ever misplaced something in time?
16. Have you ever forgotten a place?
17. Have you ever made an object mysterious?
18. Have you ever made something vanish?
19. Have you ever made something imperceptible?
20. Have you ever misapplied energy?

SEVENTH DYNAMIC

1.   Have you ever denied the existence of Beings?
2.   Have you ever made people believe they weren't Beings?
3.   Have you ever persuaded others some thoughts are bad?
4.   Have you ever made a Being believe he was evil?
5.   Have you ever made another forget?
6.   Have you ever forced a beingness on another?
7.   Have you ever made another believe he was somewhere else?
8.   Have you ever made another believe he was in a different time?
9.   Have you ever made another believe he was someone else?
10.   Have you ever confused another's memory?
11.   Have you ever persuaded another there were things he must resist?
12.   Have you ever prevented another from perceiving?
13.   Have you ever prevented another from being something?
14.   Have you ever convinced another his postulates didn't work?
15.   Have you ever made another experience something he didn't wish to?
16.   Have you ever convinced another that he was weak?
17.   Have you ever convinced another that he was incompetent?
18.   Have you ever convinced another that he was insane?
19.   Have you ever convinced another that he was stupid?
20.   Have you ever convinced another that he was dishonorable?
21.   Have you ever driven another insane?
22.   Have you ever enslaved another?

EIGHTH DYNAMIC

1.   Have you ever doubted the truth of your religion?
2.   Have you ever desecrated a holy place?
          sacred object?
3.   Have you ever disobeyed God's commandments?
4.   Have you ever failed to perform your religious duties?
5.   Have you ever neglected an opportunity to save a sinner?
6.   Have you ever been disrespectful to a holy person?
7.   Have you ever compromised your religious convictions?
8.   Have you ever attacked a religion?
9.   Have you ever tolerated a bad religion?
10.   Have you ever perverted a religion?
11.   Have you thought evil thoughts?
12.   Have you ever concealed (denied) your religion?
13.   Have you ever changed your religion?
14.   Have you ever committed a sin?
15.   Have you ever convinced others that some things are unknowable?
16.   Have you ever convinced another that there were effects
      he couldn't create?
17.   Have you ever convinced another there were places he couldn't be?
18.   Have you ever convinced another that there were Beings with whom he couldn't
      communicate?
19.   Have you ever convinced another that some things cannot be communicated?
20.   Have you ever convinced another there were places he couldn't leave?
21.   Have you ever persuaded another that he never created anything?

CONSIDERATIONS RD

This part of the L10 Rundown consists of 43 L&N actions to be listed per the laws of listing and nulling to a BD F/N item. They are done in the order listed. On the purpose/intention list, if you get VVGIs BD F/N and major case cognition or valence shift, that's it on that step. If it goes to BD F/N VGIs, not a real blow out, then run the item R3RA quad or run recall on it or D/L for a PreOT at OTIII or above. This rundown undercuts OTIII and NOTS. It breaks up a case in a very subtle fashion. Be sure not to audit over a persistent F/N. You may only be able to do one list each session. This blows off beings, valences, overwhelm, confusion and increases reach vastly.

The basic L&N questions are:

Who or What (W/W) was (Item from list) ?
 or
Who or What would have been (Item from list) ?
 or
What past identity was (Item from list) ?
 or
What past identity would have been (Item from list) ?

Use the question which communicates best to the PC or PreOT and gives the biggest read.

Item List

Note - All assessing is done M6 (the L10 method of assessing a list). You look at the PC or PreOT and ask him directly every item or question on the list. (7106C12)

1)   L&N for past identities, e.g. "What past identity was critical?"
2)   O/W item
3)   Ev/purp had?
4)   D/L e/purp

   Run to major win.

1. Critical
2. Unappreciative
3. Disliked things
4. Refused to understand
5. Loving
6. Liked things
7. Understanding
8. Sympathetic
9. Excited
10. Enthusiastic
11. Griefy
12. Miserly
13. Unable to perceive
14. Sick
15. Victimized
16. Shy
17. Venomous
18. Sneaky
19. Timid
20. Perverted
21. Unwell
22. Evil
23. Indefinite
24. Laughable
25. Magical
26. Cruel
27. Blood thirsty
28. Drunken
29. Hungry
30. Treacherous
31. Enchanting
32. Wicked
33. Fascinating
34. Mysterious
35. Pretentious
36. Helpless
37. Cowardly
38. Dirty
39. Cunning
40. Disobedient
41. Oppressive
42. Overpowering
43. Weak

CONNECTIONS R/D

Use or frame Qs designed to get aberrated (charged) connections to terminals and dynamics. Find most charged dynamic on X-dynamics list, then find reading item on list.

2WC * to F/N:

How are you connected to _____?
 or
How does _____ influence you?

Run to major cog or win.

* 2WC: reactions, attitudes, feelings, prompters, considerations, itsa E/S itsa.

ENEMY R/D

1) L&N "Who do you consider an enemy?"

2) O/W on item

3) E/purp had + D/L to blow
   (Run on Flows 0-4)

GREATEST OVERT R/D

1) L&N "What was the greatest overt you committed on the Whole Track?"

2) D/L to blow.

3) Flows 0-4

MULTIPLE EVIL PURPOSE R/D
(See XDN in Volumes)

1) L&N "What evil purpose have you had towards another?"

2) D/L to blow

3) Run Flows 0-4

LIE RD

1) L&N "What was the greatest lie you told on the Whole Track?"

2) D/L to blow

3) Run Flows 0-4

L10 RESULTS ASSESSMENT
(for checking EPs on earlier rundowns)

The following questions are assessed M6 and taken to EP:

0)   Am I here?
1)   Are you here?
2)   Have we run all this on somebody else?
3)   Why should you be punished forever?
4)   Are you afraid you'll just go home and it will all be the same?
5)   Are you waiting for something magical to happen?
6)   Are you still part of something awful?
7)   Are you too hideous to exist?
8)   Are you afraid you'll go on killing people?
9)   Have we left some dead energy unhandled?
10) Are there still dead thetans around?
11) Just waiting to put it all back?
12) Escaped and still hidden?
13) Waiting to get loose?
14) What would happen if you changed?
15) Is there hope for man?
16) How can you be stopped?

L10 Low TA Assessment may be used at this point if case requires it or if C/Sed.

Use list of terminals from folder.

Assess on rises (blow ups) handle with itsa E/S itsa + consequences after each.

L's CORRECTION LIST

This correction list can be used on any of the L Rundowns to correct any errors, debug any bogs or repair any of the steps or rundowns. Handling steps are not given with each line on the list since it is assumed that at this level of auditing the auditor will know the correct and standard handling of each and every line. The list can assessed method 3 or method 5 depending on the situation. For PreOTs handle per instructions for handling listing on PreOTs. The auditor can switch to more specialized correction lists such as the L4BRA, NOTS 24, etc. as needed.

1. DID YOU GO EXTERIOR? _____
2. OUT INT? _____
3. INTERIORIZED INTO SOMETHING? _____
4. OUT-LIST? _____
5. IS THERE AN ERROR IN LISTING? _____
6. HAVE WE FOUND A WRONG ITEM? _____
7. HAS A LIST BEEN OVERLISTED? _____
8. HAS THERE BEEN A WRONG INDICATION? _____
9. HAVE WE FOUND A WRONG OUTPOINT? _____
10. HAVE WE FOUND A WRONG AREA? _____
11. HAVE WE FOUND A WRONG LOCATION? _____
12. HAVE WE FOUND A WRONG DATE? _____
13. MISOWNERSHIP OF ITEM? _____
14. OVERRUN AN ITEM? _____
15. HAVE YOU BEEN AUDITED OVER AN ARC BREAK? _____
16. HAVE YOU BEEN AUDITED OVER A PROBLEM? _____
17. HAVE YOU BEEN AUDITED OVER A WITHHOLD? _____
18. WAS THERE A WITHHOLD THAT KEPT COMMING UP? _____
19. IS THERE UNDISCLOSD OVERT? _____
20. WAS IT NOT YOUR OVERT? _____
21. DO YOU HAVE A SIMILAR OVERT OF YOUR OWN? _____
22. HAS A DESTRUCTIVE IMPULSE BEEN MISSED? _____
23. HAS SOMETHING BEEN OVERRUN? _____
24. HAVE WE GONE PAST A BIG WIN? _____
25. HAS SOMETHING BEEN LEFT UNFLAT? _____
26. HAS ANYTHING BEEN CUT SHORT? _____
27. WAS THERE A MISUNDERSTOOD? _____
28. DID SOMETHING DISTRACT YOU? _____
29. WHERE YOU DISTRACTED BY THE AUDITOR? _____
30. HAS SOMETHING FLATTENED OUT OF SESSION? _____
31. WERE THERE AWARENESS CHANGES OUT OF SESSION? _____
32. DID YOU COGNITE OUT OF SESSION? _____
33. DID YOU HAVE A LOSS OF GAIN? _____
34. HAS SOMEONE ENTURBULATED YOU? _____
35. IS THERE AN INCOMPLETE COGNITION? _____
36. IS THERE A DIANETIC ERROR? (FOR A PC) _____
37. IS SOMETHING ELSE WRONG? _____

L 11

L11

L11, The New Life Rundown was developed to give a person a new life. This means it can handle that part of an individual's case which stops him from really living. It handles the major source of aberration upon which attention is fixed, blasting apart that major personal stumbling block.

The EP of L11 is a New Life.

PREREQUISITES: L11 (formerly L9S) is not restricted to only those who have completed OT III. The only prerequisites to L11 are a complete Drug R/D and Expanded Grades. It may not be done in the Non-interference Zone between Grade VI, R6EW and OT III.

In all the "L" Rundowns (L10, L11, and L12) the PC or PreOT is fully set up first with a C/S 53 and GF40 expanded if needed.

L11 PROGRAM STEPS
1) Justifications HCOB
   a) M9 W/C bulletin
   b) PC writes essay on how it applies to him.
2) Full 37R RD to F/Ning list
3) D/L Implant 'To Harm' to blow.
   General O/W .. If E/Purp comes off run O/W to blow.
4) L&N "What evil purpose do you have?"
   D/L E/Purp to blow
5) L9S
6) Nature of Man
   2WC "the character of man" to F/N

JUSTIFICATION

1) PC reads the HCOB entitled "Justification".
2) M9 W/C bulletin
3) PC writes essay on how it applies to him.

37R RD

Do the full 37R Rundown as given in C/S Series 37R.
Items from 37R Rundown L&N lists can be blown by D/L if needed.
End at F/Ning list.

HARM IMPLANT

1) Date/Locate implant "TO HARM" to Blow.

2) General O/W .. If E/Purp comes off run O/W to blow.

EVIL PURPOSE

1)   L&N: "What Evil Purpose do you have?"

2)   D/L to Blow

LIST 9S

The list of words below is called M6 to the PC; on each the PC gives back a response. E.g. PUNISH!! "It would be necessary on a naughty child." Next, L&N word incorporating response.

"Who or What would find it necessary to punish a naughty child?" .....
"A Brave Dog"

Terminal is then handled to blow per L-type handling. The list is taken to Major Cog and F/Ning list.

Punish	Degrade	Deflower	Obliterate	Preen
Avenge	Pander	Prostitute	Sodomize	Brutalize
Kill	Drain	Defame	Scavenge	Propagandize
Torture	Secrete	Fornicate	Execute	Incinerate
Pillage	Interrogate	Slander	Begrime	Provoke
Annihilate	Dissect	Deviate	Plagiarize	Vandalize
Subvert	Defoliate	Profane	Wallow	Suborn
Seduce	Molest	Imprison	Immolate	Deceive
Exhaust	Pervert	Charm	Indulge	Destabilize
Restrain	Cannibalize	Renege	Engorge	Conceal
Immobilize	Decimate	Starve	Expunge	Pollute
Entrap	Hypnotize	Sack	Confuse	Sacrifice
Enthrall	Dessert	Impoverish	Savour	Bugger
Extinguish	Attack	Blind	Gloat	Flagellate
Ensnare	Sting	Deface	Arrogate	Spy
Trick	Warp	Depose	Remove	Peep
Envelop	Horrify	Expel	Distrust	Demoralize
Benumb	Obliterate	Desecrate	Sympathize	Embalm
Tantalize	Dismember	Exploit	Indoctrinate	Electrocute
Enslave	Cheat	Ravage	Randomize	Abominate
Assassinate	Conquer	Tear	Overwhelm	Secrete
Nullify	Devastate	Impale	Supplant	Despoil
Explode	Implode	Distort	Negate	Revolt
Injure	Mutilate	Retard	Grasp	Bully
Infect	Undermine	Restrain	Pillory	Manipulate
Feast	Hassle	Abuse	Habituate	Leach
Program	Torment	Belittle	Loaf	Mutilate
Tyrannize	Disgust	Lie	Inflame	Excoriate
Hoard	Offend	Hunt	Cripple	Con
Terrorize	Vivisect	Invade	Gobble	Prey
Castrate	Vanquish	Sacrifice	Vilify	Debunk

NATURE OF MAN

Two Way Comm "the character of Man" to EP.

L 12

L 12

The intention behind L12 is to make a fully extroverted and stable thetan. This rundown aims at handling very basic and specific aspects of a person's beingness. Here are those case things which tend to capture part of the person's attention so he has much less of it to put on life and doingness.

The person experiences certainty and unshakability as a being with the ability to handle his own universe.

PREREQUISITES: L12 is not restricted to only those who have completed OT III. The only prerequisites to L12 are a complete Drug R/D and Expanded Grades. It may not be done in the Non-interference Zone between Grade VI, R6EW and OT III.

In all the "L" Rundowns (L10, L11, and L12) the PC or PreOT is fully set up first with a C/S 53 and GF40 expanded if needed.

L12 PROGRAM STEPS

1) Cluster Handling

2) 3S&Ds

3) Bqn character list

4) Beams Handling

5) OCA Handling (if needed)

6) Management Words

7) Admin Scale

8) Group Sanity

9) Simon Bolivar Policy

CLUSTER HANDLING

1) Have PC or PreOT locate a "pressure * area" that reads on the meter. (Vary - 'In and around' to 'Far away')

2) Get the location of the pressure area relative to the body.

3) Have the PC or PreOT put and hold his/her attention on the pressure area.

4) Assess the "L12 Type of Incident" list to the first reading item and indicate this to the PC/PreOT.

Accident	Electrical
Impact	Explosion
Injury	Implosion
Illness	Shot
Drug	Psychiatric
Shock	Lightning
Implant	Vacuum
Heat	Radiation
Burning	Collision
Crash	Hit
Freezing	Struck

5) Date to blow / Locate to blow the incident found.

6) Find out if completely blown, and if not, repeat 4 and 5 until pressure area is completely blown.

Note - If OTIII PreOT, complete any remaining BTs with OTIII procedure. If NOTS PreOT, complete any remaining BTs with NOTs procedure.

* Could be also 'hollow spot', chronic somatics, 'emptiness', any persisting sensation.

CHARACTER LIST

Assess the subject of the group M6. The word is called or shouted very accusatively with the auditor looking directly into the PC's eyes. The meter read is noted. This word is called to restimulate the group; then the other items of the group are asked as questions M5. The identities of one group are handled in order of size of read. Then continue on with the next group, etc. When the whole list is handled, reassess from the beginning and handle each item as it comes up, reassess from the beginning and handle each item as it comes up, taking slowed or checked F/Ns as reads. Handle to persistent F/N on the whole list. Check at the end of each group if any beingness that was restimulated by the accusative identity was not on the list.

Handle each reading item "Who or What was a _____?"
L&N, then O/W to blow.

HERMIT!!!	_____	ANIMAL!!!	_____
Hermit?	_____	Animal?	_____
Recluse?	_____	Dog?	_____
Ascetic?	_____	Cat?	_____
Victim?	_____	Fish?	_____
Non-conformist?	_____	Lizard?	_____
Martyr?	_____	Serpent?	_____
Puritan?	_____	Pig?	_____
Human Sacrifice?	_____	Elephant?	_____
Self Immolator?	_____	Cow?	_____
Outcast?	_____	Tiger?	_____

A HORSE!!!	_____	ROBOT!!!	_____
A Horse?	_____	Robot?	_____
A Lioness?	_____	Hypnotic?	_____
A Leprechaun?	_____	Believer?	_____
A Wild Thing?	_____	Follower?	_____
A Fire Spirit?	_____	Servant?	_____
Dragon?	_____	Devotee?	_____
Gremlin?	_____	Convert?	_____
An Imp?	_____	Worshipper?	_____
A Tinker?	_____	Attendant?	_____
A Goat?	_____	Henchman?	_____

UNICORN!!!	_____	THE ALMIGHTY!!!	_____
Unicorn?	_____	The Almighty?	_____
Forest Spirit?	_____	The Ever Present?	_____
Fairy?	_____	A Goddess?	_____
Gnome?	_____	A God?	_____
Nymph?	_____	The Eternal Mother?	_____
Water Sprite?	_____	The Father of All?	_____
Faun?	_____	The Horned God?	_____
Sylvan?	_____	Pan?	_____
Mermaid?	_____	Diana?	_____
Chimera?	_____	The Buddha?	_____

BLOODSUCKER!!!	_____	SORCERER!!!	_____
Bloodsucker?	_____	Sorcerer?	_____
Vampire?	_____	Witch?	_____
Ghoul?	_____	Warlock?	_____
Dismemberer?	_____	Enchanter?	_____
Predator?	_____	Wizard?	_____
Parasite?	_____	Occultist?	_____
Leech?	_____	Alchemist?	_____
Cannibal?	_____	Clairvoyant?	_____
Vulture?	_____	Weird Sisters?	_____
Cut-throat?	_____	Astrologer?	_____

BLASPHEMER!!!	_____	GENIUS!!!	_____
Blasphemer?	_____	Genius?	_____
Idolater?	_____	Wonder Worker?	_____
Scoffer?	_____	Planet Builder?	_____
Desecrator?	_____	Prodigy?	_____
Bigot?	_____	Spirit of the Age?	_____
Worldling?	_____	Master Mind?	_____
Sacrilegist?	_____	Shining Light?	_____
Unbeliever?	_____	Mentor?	_____
Infidel?	_____	Thaumaturge?	_____
Heathen?	_____	The All Seeing?	_____
IMPLANTER!!!	_____	PERVERT!!!	_____
Implanter?	_____	Pervert?	_____
Torturer?	_____	Sadist?	_____
Controller?	_____	Masochist?	_____
Psychiatrist?	_____	Homosexual?	_____
Brainwasher?	_____	Bugger?	_____
Deprogrammer?	_____	Pederast?	_____
Indoctrinator?	_____	Exhibitionist?	_____
Hypnotist?	_____	Voyeur?	_____
Initiator?	_____	Deviant?	_____
Propagandist?	_____	Peculiar Boddied?	_____
THE EVIL ONE!!!	_____	CRIPPLE!!!	_____
The Evil One?	_____	Cripple?	_____
An Incubus?	_____	Invalid?	_____
The Powers of Darkness	_____	Paralytic?	_____
A Succubus?	_____	Dwarf?	_____
The Antichrist?	_____	Monster?	_____
The Beast?	_____	Incompetent?	_____
His Satanic Majesty?	_____	Curiosity?	_____
The Devil?	_____	Cross-breed?	_____
An Unclean Spirit?	_____	Half Caste?	_____
Shades of the Dead?	_____	Hermaphrodite?	_____
FOOL!!!	_____	LIAR!!!	_____
Fool?	_____	Liar?	_____
Idiot?	_____	Fake?	_____
Dunce?	_____	Bragger?	_____
Ignoramus?	_____	Doubter?	_____
Subhuman?	_____	Heretic?	_____
Halfwit?	_____	Quack?	_____
Driveller?	_____	Wretch?	_____
A Newborn Babe?	_____	Viper?	_____
Moron?	_____	Defaulter?	_____
Imbecile?	_____	Hypocrite?	_____

DESTROYER!!!	_____	A BIRD!!!	_____
Destroyer?	_____	A Bird?	_____
Spy?	_____	An Eagle?	_____
Executioner?	_____	A Parrot?	_____
Embezzler?	_____	A Wren?	_____
Betrayer?	_____	A Hawk?	_____
Racketeer?	_____	A Messenger?	_____
Extortionist?	_____	A Forerunner?	_____
Tyrant?	_____	An Oracle?	_____
Murderer?	_____	A Dove?	_____
Pyromaniac?	_____	A Swallow?	_____

INSECT!!!	_____	ARTIST!!!	_____
Insect?	_____	Artist?	_____
Parasite?	_____	Virtuoso?	_____
Invader?	_____	Thespian?	_____
Bee?	_____	Master Musician?	_____
Fly?	_____	Grand Composer?	_____
Caterpillar?	_____	Wandering Minstrel?	_____
Butterfly?	_____	Chorister?	_____
Spider?	_____	Dancer?	_____
Scorpion?	_____	Entertainer?	_____
Hornet?	_____	Poet?	_____

PHILOSOPHER!!!	_____	HEDONIST!!!	_____
Philosopher?	_____	Hedonist?	_____
Researcher?	_____	Fornicator?	_____
Analyst?	_____	Glutton?	_____
Physicist?	_____	Masturbator?	_____
Technician?	_____	Bigamist?	_____
Metaphysician?	_____	Adulterer?	_____
Healer?	_____	Satyr?	_____
Geometrician?	_____	Impotent?	_____
Arithmetician?	_____	A True Love?	_____
Historian?	_____	Whoremonger?	_____

PRIEST!!!	_____	PEASANT!!!	_____
Priest?	_____	Peasant?	_____
Holy Father?	_____	Civilian?	_____
Holy Mother?	_____	Husband?	_____
Temple Virgin?	_____	Wife?	_____
Choir Boy?	_____	Gentleman?	_____
Chaplain?	_____	Layman?	_____
Temple Prostitute?	_____	Mortal?	_____
Prophet?	_____	Parishioner?	_____
Lama?	_____	Serf?	_____
Confessor?	_____	Slave?	_____

PTS BEAM HANDLING

Method One:

1) Ask PC/PreOT, "Do you have any beams stuck to yourself or the body?" (only PT lifetime body)

2) If yes, have him locate a reading beam stuck to himself or the body. Have pOT 'Smooth out the Beam'.

3) Who has beamed you? L&N to a terminal.

4) Smooth out rough edge of Beam from _(Item)_ X to blow.

5) If a troublesome terminal by folder inspection:
"Has _(terminal)_ beamed you?". Smooth out beam to blow.

6) D/L the incident when it was put there, if no blow.

7) Repeat until "no more beams".

Method Two:

1) PC/PreOT is shown the definition of a BEAM:
"A flow of electricity with teeth and rough edges."

The definition is illustrated with a picture of a BODY being beamed by another person, the beam being hooked into the body by teeth like a circular saw blade or fish hooks. Add R-factor of glands as special targets.

OCA TRAIT HANDLING

1) Go over the PC/PreOT's OCA.

2) Take each negative area trait and make up a listing question. For example: "critical". The basic L&N questions are:

Who or What (W/W) was _(Item from OCA)_?
 or
W/W would have been _(Item from OCA)_?
 or
What past identity was _(Item from OCA)_?
 or
What past identity would have been _(Item from OCA)_?

Use the question which communicates best to the PC or PreOT and gives the biggest read.

Clear the L&N question with the word to be used such as:

    W/W was critical? LF

List and Null to one item such as: "a cranky maid" LFBD F/N

Take the next negative point trait off the OCA list and repeat procedure. End off this step on a major case change, valence shift and/or ability gained with VVGIs, Floating TA and Cognition.

MANAGEMENT WORDS

Clear and False Data Strip the following words from Org Series 15, Management Series, page 213 and 214. Be sure to get the root meaning of the word.

A Company	A Board of Directors
Management	Policy
Top Management	Programs
Targets	Orders
Technology	Know-How
Org Board	Post
Hat	Cope
Purposes	Organize
Duties	A Checksheet
A Checklist	A Comm Channel
A Command Channel	A Relay Point
A Stable Terminal	Double Hatted
A Product	Aberration
Viability	

ADMIN SCALE

Word Clear:
> Administration
> Admin Scale
> Administrator

Each word on the Admin Scale not already cleared previously.

2 way comm PC/PreOT in the area of his/her first three dynamics to find some high interest reading areas.

2 way comm each reading area up and down the Admin Scale.

> Admin Scale
>
> Goals
> Purposes
> Policy
> Plans
> Programs
> Projects
> Orders
> Ideal Scene
> Statistics
> Valuable Final Product

"The scale is worked up and worked down until it is (each item) in full agreement with the remaining items"

GROUP SANITY

Clear each word in the scale from HCOPL 14 December 1970 Org Series 19 GROUP SANITY. Have PC/PreOT read this HCOPL.

2 way comm each of the 11 points and how each one applies to his life/relationship(s)/business to a major cognition.

SIMON BOLIVAR POLICY

Send PC/PreOT to Qual to read and check out on HCOPL 12 February 67 THE RESPONSIBILITIES OF LEADERS or have him read it in session.

2 way comm "Supporting the powers you depend on" to a major cognition.